

"No Cook" Cooking

This "cooking" program, designed for children, will help participants learn to create snacks, desserts and treats without the use of ovens or stoves. This may be the next Top Chef in the making!

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
1032.1040	Pressey Andre	12/12/2015	2/20/2016	Sa	11	6yr-12yr -	10:30 AM	11:30 AM	Chevy Chase Recreation Center	Chevy Chase PG Multipurpose Room 1	
1032.1081	Ali Lenora	12/12/2015	2/27/2016	Sa	12	5yr-& Up-	10:30 AM	12:00 PM	Lafayette Recreation Center	Lafayette Multipurpose 1 & 2	

Abstract Painting

This course is an introduction to working with contemporary abstract principles using acrylic and latex paint. Explore color, texture, composition and painting techniques and adapt to your own interests and style. Examine artists and movements of the 20th century, and current contemporary painting, to gain historical and theoretical knowledge to inform your own painting explorations.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
6912.1008	Banisadr Shara	1/11/2016	2/29/2016	Mo	8	18yr-& Up -	07:00 PM	09:00 PM	Chevy Chase Community Center	Chevy Chase Art Classroom	\$155.00
6912.2008	Banisadr Shara	1/16/2016	3/12/2016	Sa	9	18yr-& Up -	10:00 AM	12:00 PM	Chevy Chase Community Center	Chevy Chase Art Classroom	\$155.00

Adult Basketball

athletic gear/water bottle

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
2362.1151	Harrison Luna	1/3/2016	3/6/2016	Su	10	18yr-& Up -	10:00 AM	06:00 PM	Deanwood Recreation Center	Deanwood Gymnasium	\$600.00
2362.1031	Harrison Luna	1/2/2016	3/5/2016	Sa	10	21yr-& Up-	10:00 AM	05:00 PM	Kennedy Recreation Center	Kennedy Gymnasium	\$600.00
2362.1095	Harrison Luna	1/2/2016	3/5/2016	Sa	10	18yr-& Up -	10:00 AM	05:00 PM	Turkey Thicket Recreation Center	Turkey Thicket Gymnasium	\$600.00

Art For Kidz

Develop your child's artistic side! Fun creative projects will keep children interested and motivated.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
6112.1074	ratliff carnelle	12/7/2015	2/25/2016	Tu Th	24	6yr-10yr-	04:30 PM	05:30 PM	Hardy Recreation Center	Hardy Multipurpose Room	
6111.1022	Bell Cornelia	1/12/2016	3/1/2016	Tu	8	3yr-5yr-	02:30 PM	03:30 PM	Guy Mason Recreation Center	Guy Mason Activity Rm 1a	

6112.1040	Pressey Andre	12/19/2015	2/13/2016	Sa	9	3yr-5yr -	10:30 AM	11:30 AM	Chevy Chase Recreation Center	Chevy Chase PG Multipurpose Room 1
6112.1008	DPR Staff	1/9/2016	2/27/2016	Sa	8	3yr-5yr -	12:30 PM	01:30 PM	Chevy Chase Community Center	Chevy Chase Art Classroom
6112.2008	DPR Staff	1/12/2016	3/1/2016	Tu	8	3yr-5yr -	03:30 PM	04:30 PM	Chevy Chase Community Center	Chevy Chase Art Classroom

Awareness Through Movement

A unique form of guided exploratory movement. Students verbally guided through a series of gentle and easy exploratory movements. Exercises are done lying on the floor, some from a chair, some through walking or standing. Reconnect with the joy of learning how to feel better.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
6902.1008	TBD TBD	1/13/2016	3/2/2016	We	8	18yr-& Up -	11:00 AM	12:30 PM	Chevy Chase Community Center	Chevy Chase Auditorium	\$85.00

Ballet: Level 1

Participants will learn the basic positions, steps, terms and rhythms. They will have the experience of working as a group to achieve cooperative and collaborative goals.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
6211.1008	Welters Lynn	1/5/2016	2/23/2016	Tu	8	4yr-6yr -	05:00 PM	06:00 PM	Chevy Chase Community Center	Chevy Chase Ballet Studio	\$85.00
6211.2008	Welters Lynn	1/13/2016	3/2/2016	We	8	6yr-8yr -	04:00 PM	05:00 PM	Chevy Chase Community Center	Chevy Chase Ballet Studio	\$85.00
6211.3008	Welters Lynn	1/16/2016	3/5/2016	Sa	8	4yr-6yr -	09:30 AM	10:30 AM	Chevy Chase Community Center	Chevy Chase Ballet Studio	\$85.00

Basketball

comfortable attire

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
2322.1041	Rice Ron	1/12/2016	3/10/2016	Tu Th	18	7yr-12yr -	05:00 PM	07:00 PM	Hearst Recreation Center	Hearst - Multi-purpose Rm. at Hearst Recreation Ce	

Bid Whist Club

Join in the fun of playing Bid Whist, a popular card game.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
1152.1023	TBD TBD	12/7/2015	2/24/2016	Mo We	24	18yr-& Up -	06:00 PM	08:30 PM	Takoma Community Center	Takoma Multipurpose Room 1	

Bingo

Bingo is a fun-filled weekly game activity, winners receive prizes.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
1901.1022	Bell Cornelia	1/15/2016	3/4/2016	Fr	8	50yr-& Up	03:00 PM	04:30 PM	Guy Mason Recreation Center	Guy Mason Activity Rm 1a	

Body Blast

30 minutes of High Intensity Interval Training

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
3462.1126	DPR Contractor	12/11/2015	3/4/2016	Fr	13	18yr-& Up	06:00 PM	07:00 PM	Columbia Heights Community Center	Columbia Heights Dance Studio	

Brazilian Samba

This class will introduce the student to Brazilian Samba. Samba dance is a unique and specialized dance form using groups of four to six step movements incorporating side to side, forward-and-backward and circular motions.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
6391.1022	Pessoa Sonia	1/12/2016	3/1/2016	Tu	8	18yr-& Up	07:00 PM	08:30 PM	Guy Mason Recreation Center	Guy Mason Activity Rm 3 (Auditorium)	\$95.00

Bridge Instruction

Seniors meet to learn and play one of the world's most intriguing card games.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
6176.2008	Thabault Isabelle	1/13/2016	3/2/2016	We	8	18yr-& Up	07:00 PM	09:00 PM	Chevy Chase Community Center	Chevy Chase Lounge	\$110.00

Chess Club

Tactful strategies and concentration are part of learning the fundamentals of this challenging board game. Participants who already know how to play will have the opportunity to match their skills against other players.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
1222.1008	DPR Staff	1/6/2016	2/24/2016	We Fr	15	8yr-12yr -	03:30 PM	05:30 PM	Chevy Chase Community Center	Chevy Chase Multipurpose Room	

China Painting

Learn to paint on porcelain, including basic brush strokes and how to mix colors. The class is designed for beginners and the more advanced, allowing students to work on their own projects and at their own pace.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
6192.1022	Sylos Labini Maria Luisa	1/14/2016	3/3/2016	Th	8	18yr-& Up -	10:30 AM	12:30 PM	Guy Mason Recreation Center	Class Room B	\$95.00
6193.2022	Sylos Labini Maria Luisa	1/14/2016	3/3/2016	Th	8	18yr-& Up -	01:00 PM	03:00 PM	Guy Mason Recreation Center	Studio A	\$95.00

Computer Training: Seniors

Seniors will learn the basics of using a computer. Emphasis is placed on the proper way to log on and off the computer, how to navigate the windows programs, and how to navigate email and the internet.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
5202.1008	Scott Francesca	1/7/2016	2/25/2016	Th	8	55yr-& Up -	10:30 AM	11:30 AM	Chevy Chase Community Center	Chevy Chase Art Classroom	

Cooking with Passion

Participants will learn basics of cooking in a healthy way. Participants will learn to make wiser food choices. To provide menu planning for family meals.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
1513.1022	Wright Ralph	1/15/2016	3/4/2016	Fr	8	50yr-& Up -	05:00 PM	06:30 PM	Guy Mason Recreation Center	Guy Mason Kitchen	

Creative Arts

Students will enjoy this class that highlights various forms of art and expression. Specific art forms will vary by class.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
6742.1079	Brown Zakiya	12/10/2015	2/25/2016	Th	12	8yr-18yr-	05:00 PM	06:00 PM	Emery Recreation Center	Emery Multipurpose Room 107	

Dance Dimensions

Youth will learn basic position, step, terms and rhythm of ballet, tap and hip hop.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
6492.1066	Hughes Craig	12/8/2015	2/23/2016	Tu	12	18yr-& Up -	07:00 PM	08:00 PM	Park View Community Center	Park View Multipurpose Room 2	

Drum Class

Participants will learn music and development coordination. Curriculum includes learning the required 26 standard drum rudiments, how to play the snare drum, tenor drum and the tri-toms drum.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
6512.1111	Brown Patrick	12/9/2015	2/24/2016	We	12	9yr-18yr -	05:00 PM	06:00 PM	Riggs LaSalle Community Center	Riggs LaSalle Multipurpose Room 101B	

Fencing Club

Participants will learn the art of fencing and practice with others. Focus is on skills and techniques.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
3312.1008	Finkleman Ray	1/5/2016	2/25/2016	Tu We Th	24	18yr-& Up -	07:30 PM	09:00 PM	Chevy Chase Community Center	Chevy Chase Multipurpose Room	\$180.00

Fencing: Foil Beginner

Participants will learn the art of Foil Fencing. Focus on beginner skills and techniques.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
3382.1008	Finkleman Ray	1/6/2016	2/24/2016	We	8	18yr-& Up -	06:00 PM	07:00 PM	Chevy Chase Community Center	Chevy Chase Multipurpose Room	\$170.00

Fencing: Foil Intermediate

Participants will continue learn the art of Foil Fencing. Focus on intermediate skills and techniques. It is recommended that participants take Beginner Foil before enrolling in this course.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
3392.1008	Finkleman Ray	1/6/2016	2/24/2016	We	8	18yr-& Up -	07:00 PM	08:00 PM	Chevy Chase Community Center	Chevy Chase Multipurpose Room	\$170.00

Fencing: Junior Epee Beginner

Participants will learn the art of Fencing. Focus on beginner skills and techniques.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
3362.1008	Finkleman Ray	1/9/2016	2/27/2016	Sa	8	8yr-13yr -	11:00 AM	12:00 PM	Chevy Chase Community Center	Chevy Chase Multipurpose Room	\$170.00

Fencing: Junior Epee Club

Participants will continue to learn the art of Fencing and practice with others. Focus is on advanced skills and techniques. Junior Epee Fencing Club is intended for students who have previously taken Junior Epee.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
3322.1008	Finkleman Ray	1/5/2016	2/27/2016	Tu Sa	16	8yr-15yr-	01:30 PM	03:30 PM	Chevy Chase Community Center	Chevy Chase Multipurpose Room	\$180.00

Fencing: Intermediate Junior Epee

Learn the art of sword ! Basic foil equipment provided.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
3372.1008	Finkleman Ray	1/9/2016	2/27/2016	Sa	8	7yr-13yr -	12:00 PM	01:00 PM	Chevy Chase Community Center	Chevy Chase Multipurpose Room	\$170.00

Fitness Bootcamp

Group exercise class that mixes traditional callisthenic and body weight exercises with interval training and strength training.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
3712.1126	DPR Contractor	12/9/2015	3/2/2016	We	13	18yr-& Up -	07:00 PM	08:00 PM	Columbia Heights Community Center	Columbia Heights Dance Studio	
3712.1111	Perritt Donald	12/7/2015	3/2/2016	Mo We	26	5yr-& Up-	05:30 PM	06:45 PM	Riggs LaSalle Community Center	Riggs LaSalle Multipurpose Room 101A	
3712.1077	DPR Contractor	12/7/2015	3/7/2016	Mo	14	18yr-& Up -	06:30 PM	07:30 PM	Palisades Community Center	Palisades Multipurpose Room	

Gymnastics

Gymnastics

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
2832.1008	Queen Joe	1/11/2016	2/29/2016	Mo	8	2yr-3yr -	03:30 PM	04:15 PM	Chevy Chase Community Center	Chevy Chase Auditorium	\$115.00
2842.1008	Queen Joe	1/11/2016	2/29/2016	Mo	8	4yr-6yr -	04:30 PM	05:15 PM	Chevy Chase Community Center	Chevy Chase Auditorium	\$115.00
2852.1008	Queen Joe	1/11/2016	2/29/2016	Mo	8	7yr-12yr -	05:30 PM	06:15 PM	Chevy Chase Community Center	Chevy Chase Auditorium	\$115.00
2832.2008	Queen Joe	1/12/2016	3/1/2016	Tu	8	2yr-3yr -	03:45 PM	04:30 PM	Chevy Chase Community Center	Chevy Chase Auditorium	\$115.00
2842.2008	Queen Joe	1/12/2016	3/1/2016	Tu	8	4yr-6yr -	04:45 PM	05:30 PM	Chevy Chase Community Center	Chevy Chase Auditorium	\$115.00
2832.3008	Queen Joe	1/16/2016	3/5/2016	Sa	8	2yr-3yr -	09:30 AM	10:15 AM	Chevy Chase Community Center	Chevy Chase Auditorium	\$115.00

2842.3008	Queen Joe	1/16/2016	3/5/2016	Sa	8	4yr-6yr -	10:30 AM	11:15 AM	Chevy Chase Community Center	Chevy Chase Auditorium	\$115.00
2852.2008	Queen Joe	1/16/2016	3/5/2016	Sa	8	7yr-12yr -	11:30 AM	12:15 PM	Chevy Chase Community Center	Chevy Chase Auditorium	\$115.00
2832.1078	DPR Contractor	1/20/2016	3/9/2016	We	8	2yr-3yr -	03:30 PM	04:30 PM	Stoddert Recreation Center	Stoddert Gymnasium	\$115.00
2842.1078	DPR Contractor	1/20/2016	3/9/2016	We	8	4yr-6yr -	04:30 PM	05:30 PM	Stoddert Recreation Center	Stoddert Gymnasium	\$115.00
2852.1078	DPR Contractor	1/20/2016	3/9/2016	We	8	7yr-12yr -	05:30 PM	06:30 PM	Stoddert Recreation Center	Stoddert Gymnasium	\$115.00

Hand Dance

Learn basic hand dance techniques while dancing with friends to a groovy beat.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
6292.2079	Brown Zakiya	12/10/2015	2/25/2016	Th	12	10yr-& Up -	07:00 PM	08:45 PM	Emery Recreation Center	Emery Multipurpose Room 207	
6292.1079	Brown Zakiya	12/10/2015	2/25/2016	Th	12	10yr-& Up -	06:00 PM	07:00 PM	Emery Recreation Center	Emery Multipurpose Room 207	
6292.1066	Hughes Craig	12/7/2015	2/22/2016	Mo	12	35yr-& Up -	06:00 PM	07:30 PM	Park View Community Center	Park View Multipurpose Room 1	

Karate: Level 1

Students will learn discipline, self-confidence and will become mentally and physically stronger. The one hour, twice a week class will include stretching, basic techniques, kata (forms), power, and special self defense techniques everyone should know!

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
3322.1077	DPR Volunteer	12/8/2015	3/3/2016	Tu Th	26	6yr-& Up-	06:00 PM	07:30 PM	Palisades Community Center	Palisades Multipurpose Room	
3322.2008	DPR Volunteer	12/7/2015	3/3/2016	Mo Th	26	6yr-18yr-	04:15 PM	05:00 PM	Chevy Chase Community Center	Chevy Chase Lounge	\$85.00

Karate: Level 2

Students will learn discipline, self-confidence and will become mentally and physically stronger. This advanced class will build on students' prior knowledge of marital arts.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
3332.1008	DPR Volunteer	12/7/2015	3/3/2016	Mo Th	26	6yr-18yr-	05:00 PM	06:00 PM	Chevy Chase Community Center	Chevy Chase Community Center Toddler Playground	\$85.00

Knitters Club

Learn the basic techniques and skills of knitting.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
1272.1022	Willis Andrenette	1/11/2016	2/29/2016	Mo	8	55yr-& Up -	05:00 PM	07:00 PM	Guy Mason Recreation Center	Guy Mason Acitvity Rm 1b (Lounge)	
1271.1022	Willis Andrenette	12/7/2015	2/22/2016	Mo	12	55yr-& Up -	05:00 PM	07:00 PM	Guy Mason Recreation Center	Guy Mason Acitvity Rm 1b (Lounge)	

Line Dancing

Learn the basic steps and techniques to the latest line dances.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
6481.1095	Allen Paula	12/22/2015	2/25/2016	Tu Th	20	18yr-& Up -	06:00 PM	08:30 PM	Turkey Thicket Recreation Center	Turkey Thicket Gymnasium	
6482.1039	Coates Lakeya	12/8/2015	2/25/2016	Tu Th	24	13yr-65yr-	06:30 PM	08:30 PM	Fort Stanton Community Center	Fort Stanton Multipurpose Room	

Piloxing

Program uniquely blends the power, speed, and agility of boxing with exhilarating dance moves and targeted sculpting and flexibility of Pilates

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
2612.1151	DPR Contractor	12/9/2015	3/4/2016	We Fr	26	16yr-& Up	07:00 PM	08:00 PM	Deanwood Recreation Center	Deanwood Gymnasium	\$0.00

Pottery: Level 1

Students learn basic clay forming, use of the pottery wheel, decorating, firing and glazing to produce ceramic works independently.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
6152.2008	Spears Yolanda	1/16/2016	3/5/2016	Sa	8	18yr-& Up -	10:00 AM	01:00 PM	Chevy Chase Community Center	Chevy Chase Pottery Room	\$125.00
6152.3008	Spears Yolanda	1/12/2016	3/1/2016	Tu	8	18yr-& Up -	05:30 PM	08:30 PM	Chevy Chase Community Center	Chevy Chase Pottery Room	\$125.00
6153.2022	Kerr Jonathan	1/11/2016	2/29/2016	Mo	8	18yr-& Up -	07:00 PM	09:30 PM	Guy Mason Recreation Center	Studio B	\$155.00

Pottery: Level 2

Students learn basic clay forming, use of the pottery wheel, decorating, firing and glazing to produce ceramic works independently.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
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6163.1022	Miller Paula	1/13/2016	3/2/2016	We	8	18yr-& Up	07:00 PM	09:30 PM	Guy Mason Recreation Center	Studio B	\$155.00
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Quilting

Self-directed quilting as well as volunteered instructions on basic quilting

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
5331.1022	Wright Ralph	1/11/2016	2/29/2016	Mo	0	16yr-& Up	04:00 PM	06:00 PM	Guy Mason Recreation Center	Guy Mason Activity Rm 1a	

Senior Crafts

Participants will make a variety of crafts including tissue flowers, paintings, and masks.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
5622.1022	TBD TBD	1/11/2016	3/2/2016	We	0	55yr-& Up	04:00 PM	06:00 PM	Guy Mason Recreation Center	Guy Mason Activity Rm 1a	
5624.1022	Bell Cornelia	1/14/2016	3/3/2016	Th	0	55yr-& Up	05:30 PM	07:00 PM	Guy Mason Recreation Center	Guy Mason Activity Rm 1a	

Seniors Moving, Going Green, and Growing

The senior services division provides a variety of recreation and leisure experiences for people ages 50 and up. Program goals consist of providing recreation and leisure activities that increase social interaction, development of new recreation activity skills, and provide services that are inclusive for seniors and their communities. Program offerings include arts and crafts, digital photography, line dancing, fiber arts, sewing, tai chi, yoga, sports, exercise, trips, and special event activities. Programs are offered at various city wide recreation centers. Please visit dpr.dc.gov for more information on times, locations, and how to enroll.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
5691.1008	Willis Andrenette	1/12/2016	3/1/2016	Tu	0	55yr-& Up	12:00 PM	01:00 PM	Guy Mason Recreation Center	Guy Mason Activity Rm 1a	\$0.00

Sew & Know

Students will learn basic sewing skills, how to design and construct garments and accessories using original concepts.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
6172.1066	Deville Michelle	12/8/2015	2/18/2016	Tu Th	22	6yr-13yr-	05:30 PM	07:30 PM	Park View Community Center	Park View Multipurpose Room 2	

Soccer

Soccer

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
2512.1078	McFadden Naye	12/7/2015	3/7/2016	Mo	14	5yr-6yr -	04:00 PM	06:00 PM	Stoddert Recreation Center	Stoddert Gymnasium	

8/13/2015 5:40:06 AM

* Fee = Regular Only

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Story Hour

Early Middle Childhood program called "Story Hour" under recreation services, educational services.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
1395.2022	Willis Andrenette	12/7/2015	2/12/2016	Mo Fr	20	3yr-4yr -	11:00 AM	12:00 PM	Guy Mason Recreation Center	Guy Mason Co-Op Room	
1392.1022	Willis Andrenette	12/11/2015	2/26/2016	Fr	12	3yr-4yr -	11:00 AM	12:00 PM	Guy Mason Recreation Center	Guy Mason Co-Op Room	
1392.1040	Pressey Andre	12/9/2015	2/26/2016	We Fr	24	1yr 6mo-5yr -	03:30 PM	04:30 PM	Chevy Chase Recreation Center	Chevy Chase PG Multipurpose Room 1	

Tae Kwon Do: Level 1

Participants will learn the fundamentals of the Olympic sport Tae Kwon Do. Participants will also improve flexibility, balance, strength, coordination, and physical fitness while developing discipline, integrity, perseverance, and self control.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
3362.2008	Schwiczow Naomi	12/7/2015	3/5/2016	Mo Th Sa	39	9yr-& Up-	05:00 PM	06:00 PM	Chevy Chase Community Center	Game Room	

Tai Chi

Participants will learn the techniques of this form of martial arts through self defense, flexibility, strength, and body conditioning.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
3301.1022	TBD TBD	1/16/2016	3/5/2016	Sa	0	55yr-& Up-	09:30 AM	10:30 AM	Guy Mason Recreation Center	Guy Mason Activity Rm 1b (Lounge)	

Tiny Tots!

A fun-filled parent child high energy activity program that includes songs, parachutes, games, balls, music, running, learning, and more. Focus on development of gross motor skills, coordination, socialization, cooperation and reinforcement of cognitive development. A great workout for the children...and the adults!

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
1762.1022	Wright Ralph	1/13/2016	3/2/2016	We	8	2yr-4yr-	12:00 PM	01:00 PM	Guy Mason Recreation Center	Guy Mason Activity Rm 1a	
1762.1040	Pressey Andre	12/7/2015	2/22/2016	Mo	12	3yr-5yr -	04:00 PM	05:00 PM	Chevy Chase Recreation Center	Chevy Chase PG Multipurpose Room 1	

Walk Fit

Looking for a great way to ease into a higher level of fitness and health? Walking is a great low-impact exercise that can help you do just that. It's one of your body's most natural forms of exercise. It's simple, safe and the health benefits are endless.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
3432.1095	murphy joyce	12/7/2015	3/4/2016	Mo Tu We Th Fr	65	45yr-90yr -	10:30 AM	11:30 AM	Turkey Thicket Recreation Center	Turkey Thicket Gymnasium	
3432.1042	Ricks shirley	12/7/2015	3/4/2016	Mo We Fr	39	45yr-90yr -	10:30 AM	12:00 PM	North Michigan Park Recreation Center	North Michigan Park Gymnasium	
3431.1074	ratliff carnelle	1/4/2016	2/26/2016	Mo Fr	16	50yr-& Up -	04:30 PM	05:30 PM	Hardy Recreation Center	Hardy Tennis Court #1	

Yoga: Beginners

Classes are meant to provide relaxation with flexibility work, gentle movement, breathing exercises and meditation.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
3572.1042	DPR Contractor	12/8/2015	3/3/2016	Tu Th	26	45yr-90yr -	10:30 AM	11:30 AM	North Michigan Park Recreation Center	North Michigan Park Multipurpose Room 1	
3572.1008	Thomas Kathleen	12/9/2015	3/2/2016	We	13	18yr-& Up -	10:15 AM	11:45 AM	Chevy Chase Community Center	Chevy Chase Ballet Studio	\$85.00

Yoga: Integral

Integral Yoga creates an opportunity for integration and harmony for the individual by calming the mind and toning the entire nervous system. The typical one and a half hour session includes four aspects: a series of physical postures, deep relaxation, simple breathing exercises, and meditation.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
3591.1022	Sturm Donna	1/11/2016	3/1/2016	Tu	8	18yr-& Up -	09:15 AM	10:45 AM	Guy Mason Recreation Center	Guy Mason Activity Rm 3 (Auditorium)	\$100.00
3591.2022	Sturm Donna	1/15/2016	3/2/2016	Fr	7	18yr-& Up -	09:15 AM	10:45 AM	Guy Mason Recreation Center	Guy Mason Acitvity Rm 1b (Lounge)	\$100.00

Zumba

Zumba is a Latin-inspired dance fitness program involving dance and aerobic elements.

EventCd	Teacher	StartDate	EndDate	Days	Mtgs	Ages	StartTime	EndTime	Location	Room	Fee*
3612.1039	DPR Contractor	12/7/2015	3/2/2016	Mo We	26	18yr-& Up -	06:30 PM	07:30 PM	Fort Stanton	Fort Stanton Gym	